



In 2026, members in either the **VIVA MEDICARE Extra Value (HMO SNP)** or **VIVA MEDICARE Extra Care (HMO SNP)** plan who have one or more of the chronic health conditions shown on this page, may be able to use their NationsBenefits Capitalize Flex Card to buy healthy foods through Special Supplemental Benefits for the Chronically Ill (SSBCI).

## What is SSBCI (Special Supplemental Benefits for the Chronically Ill)?

SSBCI is for members who have a high risk of being hospitalized or who need more help managing certain chronic health conditions, like diabetes, obesity, cardiovascular (heart/lung) disorders, or disabling mental health conditions. See the full list of qualifying chronic health conditions at the bottom of this page.

## How do members qualify for SSBCI?

For a member to qualify for SSBCI, the member must meet all of the following three criteria:

1. Has one or more of the chronic health conditions shown at the bottom of this page
2. Has a high risk of hospitalization or adverse health outcomes
3. Requires intensive care coordination

## What information does VIVA MEDICARE use to show a member is eligible for SSBCI?

We may use these types of information from the member's record to qualify a member for SSBCI:

1. Medical, pharmacy, and lab claims
2. Certain diagnosis data from providers
3. Utilization management requests
4. Care coordination records
5. Answers you gave during a Health Risk Assessment (HRA)
6. Other medical data

## What are the qualifying chronic health conditions?

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> <b>Autoimmune Disorders</b>   | <input type="checkbox"/> <b>Cancer</b>                               | <input type="checkbox"/> Heart Valve Disease  |
| <input type="checkbox"/> Addison's Disease             | <input type="checkbox"/> <b>Cardiovascular Disorders</b>             | <input type="checkbox"/> Hyperlipidemia   |
| <input type="checkbox"/> Autoimmune Vasculitis         | <input type="checkbox"/> Abnormal Heart Rhythms, or Arrhythmias      | <input type="checkbox"/> Hypertension   |
| <input type="checkbox"/> Celiac Disease                | <input type="checkbox"/> Aorta Disease and Marfan Syndrome           | <input type="checkbox"/> Hypertensive Heart Disease   |
| <input type="checkbox"/> Dermatomyositis               | <input type="checkbox"/> Cardiac Arrhythmias                         | <input type="checkbox"/> Pericardial Disease  |
| <input type="checkbox"/> Inflammatory Bowel Disease    | <input type="checkbox"/> Cardiomyopathy                              | <input type="checkbox"/> Peripheral Vascular Disease  |
| <input type="checkbox"/> Lupus                         | <input type="checkbox"/> Congenital Heart Disease                    | <input type="checkbox"/> Portal Hypertension  |
| <input type="checkbox"/> Myasthenia Gravis             | <input type="checkbox"/> Coronary Artery Disease                     | <input type="checkbox"/> Pre-existing Hypertension in Pregnancy   |
| <input type="checkbox"/> Polyarteritis Nodosa          | <input type="checkbox"/> Deep Vein Thrombosis and Pulmonary Embolism | <input type="checkbox"/> Primary Pulmonary Hypertension   |
| <input type="checkbox"/> Polymyalgia Rheumatica        | <input type="checkbox"/> Essential (Primary) Hypertension            | <input type="checkbox"/> Rheumatic Heart Disease  |
| <input type="checkbox"/> Polymyositis                  | <input type="checkbox"/> Gestational Hypertension                    | <input type="checkbox"/> Secondary Hypertension   |
| <input type="checkbox"/> Psoriasis/Psoriatic Arthritis | <input type="checkbox"/> Heart Attack                                | <input type="checkbox"/> Secondary Pulmonary Hypertension   |
| <input type="checkbox"/> Rheumatoid Arthritis          | <input type="checkbox"/> Heart Failure                               | <input type="checkbox"/> Severe Pre-eclampsia, Eclampsia, Unspecified Maternal Hypertension, HELLP Syndrome |
| <input type="checkbox"/> Scleroderma                   | <input type="checkbox"/> Heart Muscle Disease (Cardiomyopathy)       |   |
| <input type="checkbox"/> Sjogren's Disease             |  |   |
| <input type="checkbox"/> Systeic Lupus Erythematosus   |  |   |

## What are the qualifying chronic health conditions? (continued)

- ☐ Stroke
- ☐ Valvular Heart Disease
- ☐ **Chronic Alcohol Use Disorder and other Substance Use Disorders (SUDs)**
- ☐ Alcohol Abuse and Dependence
- ☐ Cannabis Abuse and Dependence
- ☐ Cocaine Abuse and Dependence
- ☐ Hallucinogen Abuse and Dependence
- ☐ Inhalant Abuse and Dependence
- ☐ Nicotine Dependence
- ☐ Opioid Abuse and Dependence
- ☐ Other Psychoactive Substance Use Disorder and Dependence
- ☐ Other Stimulant Abuse and Dependence
- ☐ Sedative, Hypnotic or Anxiolytic Abuse and Dependence
- ☐ **Chronic and Disabling Mental Health Conditions**
- ☐ Anorexia - Eating Disorders
- ☐ Anxiety Disorders
- ☐ Bipolar Disorders
- ☐ Eating Disorders
- ☐ Major Depressive Disorders
- ☐ Paranoid Disorder
- ☐ Post-Traumatic Stress Disorder (PTSD)
- ☐ Schizoaffective Disorder
- ☐ Schizophrenia
- ☐ Severe Mood Disorders
- ☐ **Chronic Conditions that impair vision, hearing (deafness), taste, touch, and smell**
- ☐ **Chronic Gastrointestinal Disease (CGD)**
- ☐ Chronic Liver Disease
- ☐ Chronic Liver Disease Including Transplant
- ☐ End-Stage Liver Disease
- ☐ Fatty Liver, Chronic Hepatitis
- ☐ Hepatitis B
- ☐ Hepatitis C
- ☐ Inflammatory Bowel Disease
- ☐ Irritable Bowel Syndrome (IBS)
- ☐ Non-alcoholic Fatty Liver Disease (NAFLD)
- ☐ Pancreatitis
- ☐ **Chronic Heart Failure**
- ☐ **Chronic Kidney Disease (CKD)**
- ☐ CKD not requiring Dialysis
- ☐ CKD requiring Dialysis/End-Stage Renal Disease (ESRD)
- ☐ Cystic Kidney Disease
- ☐ Hypertensive Heart Disease and Chronic Kidney Disease
- ☐ Kidney Transplant
- ☐ Kidney Transplant Complications
- ☐ **Chronic Lung Disorders**
- ☐ Asbestosis
- ☐ Asthma, Chronic Bronchitis
- ☐ Bronchiectasis
- ☐ Chronic Obstructive Pulmonary Disease (COPD)
- ☐ Cystic Fibrosis
- ☐ Emphysema
- ☐ Pulmonary Fibrosis
- ☐ Pulmonary Hypertension
- ☐ Restrictive Lung Disease
- ☐ Sarcoidosis
- ☐ Tuberculosis (TB)
- ☐ **Chronic Malnutrition/Under Nutrition**
- ☐ Protein Calorie Malnutrition
- ☐ **Chronic Musculoskeletal Disorders**
- ☐ Gout
- ☐ Juvenile Arthritis
- ☐ Osteoarthritis
- ☐ Osteomalacia
- ☐ Osteopenia
- ☐ Osteoporosis
- ☐ Scoliosis
- ☐ **Conditions associated with Cognitive Impairment**
- ☐ Alzheimer's Disease
- ☐ Disabling Mental Illness associated with Cognitive Impairment
- ☐ Intellectual and Developmental Disabilities
- ☐ Mild Cognitive Impairment
- ☐ Traumatic Brain Injuries
- ☐ **Conditions that require continued therapy services in order for individuals to maintain or retain functioning**
- ☐ **Conditions with functional challenges**
- ☐ Arthritis
- ☐ Limb Loss
- ☐ Paralysis
- ☐ Spinal Cord Injuries
- ☐ Stroke
- ☐ **Dementia**
- ☐ Unspecified Dementia (Mild, Moderate, Severe)
- ☐ Vascular Dementia, Dementia in other Diseases Classified Elsewhere
- ☐ **Diabetes Mellitus**
- ☐ Diabetes Mellitus due to Underlying Condition
- ☐ Drug or Chemical Induced Diabetes Mellitus
- ☐ Gestational Diabetes
- ☐ Other Specified Diabetes Mellitus
- ☐ Prediabetes
- ☐ Pre-existing Diabetes in Pregnancy, Childbirth, and the Puerperium
- ☐ Type 1 Diabetes Mellitus
- ☐ Type 2 Diabetes Mellitus
- ☐ **HIV/AIDS**
- ☐ **Immunodeficiency and Immunosuppressive Disorders**
- ☐ **Neurologic Disorders**
- ☐ Acute Spinal Cord Injury
- ☐ Amyotrophic Lateral Sclerosis (ALS)
- ☐ Ataxia
- ☐ Brain Tumors
- ☐ Cerebral Aneurysm
- ☐ Chronic Fatigue Syndrome
- ☐ Cluster Headaches
- ☐ Epilepsy
- ☐ Extensive Paralysis (that is, Hemiplegia, Quadriplegia, Paraplegia, Monoplegia)
- ☐ Fibromyalgia
- ☐ Guillain-Barré Syndrome
- ☐ Head Injury
- ☐ Huntington's Disease
- ☐ Hydrocephalus
- ☐ Lumbar Disk Disease (Herniated Disk)
- ☐ Multiple Sclerosis
- ☐ Muscular Dystrophy
- ☐ Neurocutaneous Syndromes
- ☐ Parkinson's Disease
- ☐ Peripheral Neuropathy
- ☐ Polyneuropathy
- ☐ Seizures
- ☐ Spinal Cord Injuries
- ☐ Spinal Stenosis
- ☐ Stroke (Brain Attack)
- ☐ Stroke-Related Neurologic Deficit
- ☐ **Overweight, Obesity and Metabolic Syndrome**
- ☐ **Post-Organ Transplantation**
- ☐ **Severe Hematologic Disorders**
- ☐ Aplastic Anemia
- ☐ Chronic Venous Thromboembolic Disorder
- ☐ Hemolytic Anemia
- ☐ Hemophilia
- ☐ Immune Thrombocytopenic Purpura
- ☐ Myelodysplastic Syndrome
- ☐ Sickle-Cell Disease (excluding Sickle-Cell Trait)
- ☐ Thalassemia. Alpha Thalassemia, Beta Thalassemia (Cooley's Anemia)
- ☐ **Stroke**