



In 2027, members in either the **VIVA MEDICARE Extra Value** (HMO D-SNP) or **VIVA MEDICARE Extra Care** (HMO D-SNP) plan who have certain chronic health conditions and meet other specific requirements may be able to use their plan-provided Flex Card to buy healthy foods through Special Supplemental Benefits for the Chronically Ill (SSBCI).

What is the Healthy Food Benefit (SSBCI)?

Some members in the *Extra Value* or *Extra Care* plan may qualify for a Flex Card allowance to buy healthy foods through a Special Supplemental Benefit for the Chronically Ill (SSBCI).

This benefit is for members who have certain chronic health conditions and need extra support to stay healthy and avoid serious health problems or hospital stays.

Who can qualify for SSBCI?

To qualify for the healthy food benefit, members must meet all of the following requirements:

1. Have one or more qualifying chronic health conditions
2. Be at high risk for hospitalization or other serious health problems
3. Need intensive care coordination to help manage your health conditions

Important: The healthy food benefit is available when healthy foods are expected to help maintain or improve the member's health or overall ability to function. Having a qualifying chronic health condition alone does not qualify members for this benefit. Members must meet all of the requirements above.

How does VIVA MEDICARE decide if members qualify for the healthy food benefit?

We review information, like medical and pharmacy claims, medical records, health risk assessments, care management information, and information from health care providers to decide whether members meet the requirements for SSBCI.

What are the qualifying chronic health conditions?

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| ☐ Autoimmune Disorders | ☐ Sjogren's Disease | ☐ Heart Attack |
| ☐ Addison's Disease | ☐ Systemic Lupus Erythematosus | ☐ Heart Failure |
| ☐ Autoimmune Vasculitis | ☐ Cancer | ☐ Heart Muscle Disease (Cardiomyopathy) |
| ☐ Celiac Disease | ☐ Cardiovascular Disorders | ☐ Heart Valve Disease |
| ☐ Dermatomyositis | ☐ Abnormal Heart Rhythms, or Arrhythmias | ☐ Hyperlipidemia |
| ☐ Inflammatory Bowel Disease | ☐ Aorta Disease and Marfan Syndrome | ☐ Hypertension |
| ☐ Lupus | ☐ Cardiac Arrhythmias | ☐ Hypertensive Heart Disease |
| ☐ Myasthenia Gravis | ☐ Cardiomyopathy | ☐ Pericardial Disease |
| ☐ Polyarteritis Nodosa | ☐ Congenital Heart Disease | ☐ Peripheral Vascular Disease |
| ☐ Polymyalgia Rheumatica | ☐ Coronary Artery Disease | ☐ Portal Hypertension |
| ☐ Polymyositis | ☐ Deep Vein Thrombosis and Pulmonary Embolism | ☐ Pre-existing Hypertension in Pregnancy |
| ☐ Psoriasis/Psoriatic Arthritis | ☐ Essential (Primary) Hypertension | ☐ Primary Pulmonary Hypertension |
| ☐ Rheumatoid Arthritis | ☐ Gestational Hypertension | |
| ☐ Scleroderma | | |

What are the qualifying chronic health conditions? (continued)

- ☐ Rheumatic Heart Disease
- ☐ Secondary Hypertension
- ☐ Secondary Pulmonary Hypertension
- ☐ Severe Pre-eclampsia, Eclampsia, Unspecified Maternal Hypertension, HELLP Syndrome
- ☐ Stroke
- ☐ Valvular Heart Disease
- ☐ **Chronic Alcohol Use Disorder and other Substance Use Disorders (SUDs)**
- ☐ Alcohol Abuse and Dependence
- ☐ Cannabis Abuse and Dependence
- ☐ Cocaine Abuse and Dependence
- ☐ Hallucinogen Abuse and Dependence
- ☐ Inhalant Abuse and Dependence
- ☐ Nicotine Dependence
- ☐ Opioid Abuse and Dependence
- ☐ Other Psychoactive Substance Use Disorder and Dependence
- ☐ Other Stimulant Abuse and Dependence
- ☐ Sedative, Hypnotic or Anxiolytic Abuse and Dependence
- ☐ **Chronic and Disabling Mental Health Conditions**
- ☐ Anorexia - Eating Disorders
- ☐ Anxiety Disorders
- ☐ Bipolar Disorders
- ☐ Eating Disorders
- ☐ Major Depressive Disorders
- ☐ Paranoid Disorder
- ☐ Post-Traumatic Stress Disorder (PTSD)
- ☐ Schizoaffective Disorder
- ☐ Schizophrenia
- ☐ Severe Mood Disorders
- ☐ **Chronic Conditions that impair vision, hearing (deafness), taste, touch, and smell**
- ☐ **Chronic Gastrointestinal Disease (CGD)**
- ☐ Chronic Liver Disease
- ☐ Chronic Liver Disease Including Transplant
- ☐ End-Stage Liver Disease
- ☐ Fatty Liver, Chronic Hepatitis
- ☐ Hepatitis B
- ☐ Hepatitis C
- ☐ Inflammatory Bowel Disease
- ☐ Irritable Bowel Syndrome (IBS)
- ☐ Non-alcoholic Fatty Liver Disease (NAFLD)
- ☐ Pancreatitis
- ☐ **Chronic Heart Failure**
- ☐ **Chronic Kidney Disease (CKD)**
- ☐ CKD not requiring Dialysis
- ☐ CKD requiring Dialysis/End-Stage Renal Disease (ESRD)
- ☐ Cystic Kidney Disease
- ☐ Hypertensive Heart Disease and Chronic Kidney Disease
- ☐ Kidney Transplant
- ☐ Kidney Transplant Complications
- ☐ **Chronic Lung Disorders**
- ☐ Asbestosis
- ☐ Asthma, Chronic Bronchitis
- ☐ Bronchiectasis
- ☐ Chronic Obstructive Pulmonary Disease (COPD)
- ☐ Cystic Fibrosis
- ☐ Emphysema
- ☐ Pulmonary Fibrosis
- ☐ Pulmonary Hypertension
- ☐ Restrictive Lung Disease
- ☐ Sarcoidosis
- ☐ Tuberculosis (TB)
- ☐ **Chronic Malnutrition/Under Nutrition**
- ☐ Protein Calorie Malnutrition
- ☐ **Chronic Musculoskeletal Disorders**
- ☐ Gout
- ☐ Juvenile Arthritis
- ☐ Osteoarthritis
- ☐ Osteomalacia
- ☐ Osteopenia
- ☐ Osteoporosis
- ☐ Scoliosis
- ☐ **Conditions associated with Cognitive Impairment**
- ☐ Alzheimer's Disease
- ☐ Disabling Mental Illness associated with Cognitive Impairment
- ☐ Intellectual and Developmental Disabilities
- ☐ Mild Cognitive Impairment
- ☐ Traumatic Brain Injuries
- ☐ **Conditions that require continued therapy services in order for individuals to maintain or retain functioning**
- ☐ **Conditions with functional challenges**
- ☐ Arthritis
- ☐ Limb Loss
- ☐ Paralysis
- ☐ Spinal Cord Injuries
- ☐ Stroke
- ☐ **Dementia**
- ☐ Unspecified Dementia (Mild, Moderate, Severe)
- ☐ Vascular Dementia, Dementia in other Diseases Classified Elsewhere
- ☐ **Diabetes Mellitus**
- ☐ Diabetes Mellitus due to Underlying Condition
- ☐ Drug or Chemical Induced Diabetes Mellitus
- ☐ Gestational Diabetes
- ☐ Other Specified Diabetes Mellitus
- ☐ Prediabetes
- ☐ Pre-existing Diabetes in Pregnancy, Childbirth, and the Puerperium
- ☐ Type 1 Diabetes Mellitus
- ☐ Type 2 Diabetes Mellitus
- ☐ **HIV/AIDS**
- ☐ **Immunodeficiency and Immunosuppressive Disorders**
- ☐ **Neurologic Disorders**
- ☐ Acute Spinal Cord Injury
- ☐ Amyotrophic Lateral Sclerosis (ALS)
- ☐ Ataxia
- ☐ Brain Tumors
- ☐ Cerebral Aneurysm
- ☐ Chronic Fatigue Syndrome
- ☐ Cluster Headaches
- ☐ Epilepsy
- ☐ Extensive Paralysis (that is, Hemiplegia, Quadriplegia, Paraplegia, Monoplegia)
- ☐ Fibromyalgia
- ☐ Guillain-Barré Syndrome
- ☐ Head Injury
- ☐ Huntington's Disease
- ☐ Hydrocephalus
- ☐ Lumbar Disk Disease (Herniated Disk)
- ☐ Multiple Sclerosis
- ☐ Muscular Dystrophy
- ☐ Neurocutaneous Syndromes
- ☐ Parkinson's Disease
- ☐ Peripheral Neuropathy
- ☐ Polyneuropathy
- ☐ Seizures
- ☐ Spinal Cord Injuries
- ☐ Spinal Stenosis
- ☐ Stroke (Brain Attack)
- ☐ Stroke-Related Neurologic Deficit
- ☐ **Overweight, Obesity and Metabolic Syndrome**
- ☐ **Post-Organ Transplantation**
- ☐ **Severe Hematologic Disorders**
- ☐ Aplastic Anemia
- ☐ Chronic Venous Thromboembolic Disorder
- ☐ Hemolytic Anemia
- ☐ Hemophilia
- ☐ Immune Thrombocytopenic Purpura
- ☐ Myelodysplastic Syndrome
- ☐ Sickle-Cell Disease (excluding Sickle-Cell Trait)
- ☐ Thalassemia. Alpha Thalassemia, Beta Thalassemia (Cooley's Anemia)
- ☐ **Stroke**